



ROMPERS PRIVATE NURSERY

SUMMER PROGRAMME 2015

Health and Fitness

	MORNING ACTIVITY	AFTERNOON ACTIVITY
MONDAY	Walk around cycle path and a visit to the park	Adventure obstacle course in the garden
TUESDAY	Football games on the links	Smoothie making and fruit tasting
WEDNESDAY	Community blocks	Healthy eating discussion
THURSDAY	Sports Day	Sports Day
FRIDAY	Dance and Movement to Music	Yoga Bugs