



## **ROMPERS PRIVATE NURSERY**

### **TOILET TRAINING POLICY**



#### **Policy Statement:**

At Rompers we aim to help all children to become independent in toileting. We wish to raise awareness about bladder and bowel health and work alongside families to ensure toileting is valued as a developmental step in a child's life. All staff will promote a nurturing, safe and secure environment for all children to make progress in toilet training. We will work to support families and provide guidance as required.

**UNCRC Articles:** 2, 3

#### **Key Links to Guidance:**

The Children's Bowel and Bladder Charity

<https://eric.org.uk>

#### **Aims of this Policy:**

- To support families in the toilet training process.
- To work with the families in supporting their child progress through this key developmental milestone.
- To promote good bowel and bladder health in children in nursery and at home, encouraging families to consider and make effective steps to support toilet training at home before beginning at Rompers.
- To ensure health and safety requirements have been met for toilet training within the nursery.
- To provide a safe and nurturing environment to support children with their changing needs ensuring their dignity and respect is being met.
- It is encouraged that families do not start toileting during the transition period, and it is suggested families wait until the child is settled and understands the routines to best support progression in toileting.

#### **Procedures:**

- Staff will offer support and advice if required to families when they are considering toilet training. It is important that a child's privacy is continued to be considered during this time.
- Staff will work alongside families in providing continuity eg, using the toilet, positive reinforcement and frequency of going to the toilet.
- Staff will be aware of best practice and understand toilet training to be a stage of development rather than a one-time event.
- Families must communicate to Rompers if they are considering taking the next steps in the child's toilet training journey, to ensure a meeting to discuss support can be planned for and held. This is to ensure the child's needs are met. During this meeting

a toilet care plan will be agreed, and a toilet training meeting form will be completed highlighting what Rompers will do and what families will do to best support child/children throughout the toileting process. All toilet training meeting forms will be signed by families and room team leader.

- All children who are starting or are in progress with their toilet training will use a *toileting chart*. This will record the time they went to the toilet, what support they required, which staff member gave them the support/followed up, whether they were wet or solid.
- Children who begin toilet training will be carefully monitored at all times and will be prompted to go to the toilet every 1 to 2 hours dependant on the child. It is important that children are supported to feel a full and empty bladder.
- Any accidents or changes that have been required will be noted on their toileting chart and updated on their daily diary via the following app as a *toilet training change*.
- It may be appropriate for a child's fluid intake to be monitored to support with their toilet training, if required the Team Leader and Management will consider using a *Fluid Chart* form.

#### **Health and Safety Requirements:**

If a toileting accident occurs:

- Wet clothing shall be double bagged in nappy bag, labelled with the child's name and date. These will be stored in the 'change of clothes' box and taken out at the end of the day and given to the child's family.
- Soiled clothing will NOT be washed here at nursery but shall be double bagged in a nappy bag and labelled with the child's name and date. These will be stored in the 'change of clothes' box and taken out at the end of the day and given to the child's family.
- Very heavily soiled clothing will be disposed of for health and safety reasons in a yellow bag and put in our clinical waste bin, the child's family will be informed.

#### **Monitoring:**

- This policy will be monitored annually and as required.

**Review:**

Date	Management	Track of Changes
August 2021	P. Guthrie	none
October 2021	K.Myers	Amendments as no longer use Potty due to infection control.
February 2023	Room Champions	UNCRC articles added
June 2024	P. Guthrie	Update with new guidance from the Children's Bowel and Bladder Charity. Revised following test of change with one family and feedback. Links added to support families. Update following consultation with parent policy review group held in May 24.
June 2025	TL- CD	Change toilet care plan to toilet training meeting form, information involved, where it will be kept.