



ROMPERS PRIVATE NURSERY

MENU

Summer 2026



Week 3	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Oatcakes and Cheese Fresh fruit or vegetables	Chicken Casserole, Roast Potatoes and Mixed Vegetables Natural Yoghurt and Sliced Banana Fresh fruit	Wholemeal Pitta and Salmon Pate Fresh fruit or vegetables
TUES	Choice of Cereals Fresh fruit or vegetables	Curried Sweet Potato Soup with Warm Naan Coconut and Lime Scone with Butter Fresh fruit	Crispy Brown Bread Case filled with Tuna Mayo Fresh fruit or vegetables
WED	Greek Yoghurt, Granola and Berries Fresh fruit or vegetables	Basket Lunch – Homemade Sausage Roll, Breadsticks, Babybel, Sliced Chicken and Vegetable Fingers Mini Milk Lolly and Watermelon Fresh fruit	Rice Cakes, Houmous and Carrot Sticks Fresh fruit or vegetables
THURS	Wholemeal Toast and Butter Fresh fruit or vegetables	Beef Chilli, Rice, Peas and Carrots Natural Yoghurt and Peach Puree Fresh fruit	Cheese Scone Fresh fruit or vegetables
FRI	Wholemeal Crackers and Cream Cheese Fresh fruit or vegetables	Fish Fingers, Potatoes, Peas and Beans Orange Jelly and Mandarins Fresh fruit	Make your own Ham/Cheese Wrap Fresh fruit or vegetables

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance.

At snack times milk and water are offered, at lunch times water is offered. Baby alternatives can be made when required. Please understand that from time to time there may be small changes to the menus. Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.