



ROMPERS PRIVATE NURSERY

MENU

Summer 2026



Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Choice of Cereals Fresh fruit or vegetables	Basket Lunch – Chicken Sandwiches, Cocktail Sausages, Babybel Cheese and Vegetable Fingers Homemade Shortbread and Banana Fresh fruit	Breadsticks, Cheese and Pineapple Fresh fruit or vegetables
TUES	Toasted Crumpets and Butter Fresh fruit or vegetables	Salmon and Tomato Pasta with Mixed Vegetables Natural Yoghurt and Apple Puree Fresh fruit	Crackers with Garlic and Herb Cream Cheese Fresh fruit or vegetables
WED	Wholemeal Toast and Butter Fresh fruit or vegetables	Homemade Cheese and Tomato Pizza, Cucumber and Red Pepper Fingers Strawberries, Meringue and Whipped Cream Fresh fruit	Pesto Pasta Salad Fresh fruit or vegetables
THURS	Rice Cakes and Houmous Fresh fruit or vegetables	Chicken Tikka Masala with Rice, Sweetcorn and Peas Lemon Cheesecake Fresh fruit	Fruity Rice Salad Fresh fruit or vegetables
FRI	Poppyseed Crackers, Cream Cheese and Sliced Ham Fresh fruit or vegetables	Lentil Soup with Homemade Cheese Scones Natural Yoghurt and Blueberry Compote Fresh fruit	Wholemeal Pitta Strip with Tzatziki Fresh fruit or vegetables

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance.

At snack times milk and water are offered, at lunch times water is offered. Baby alternatives can be made when required. Please understand that from time to time there may be small changes to the menus. Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.