



ROMPERS PRIVATE NURSERY

MENU

Summer 2026



Week 1	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Poppy Seed Crackers and Cream Cheese Fresh fruit or vegetables	Butternut Squash, Coconut and Chilli Soup with Cheese Sandwiches Peach Crumble and Ice Cream Fresh fruit	Tomato and Basil Pasta Salad Fresh fruit or vegetables
TUES	Wholegrain Crackers and Dairy Lea Fresh fruit or vegetables	Homemade Chicken Nuggets, Corn on the Cob and Couscous Raspberry Cupcakes Fresh fruit	Make your own Cheese or Chicken Sandwich Fresh fruit or vegetables
WED	Choice of Cereals Fresh fruit or vegetables	Sausage and Tomato Pasta with Broccoli and Cauliflower Natural Yoghurt and Mango Puree Fresh fruit	Oatcakes and Cheese Fresh fruit or vegetables
THURS	Breadsticks, Cheese and Pineapple Fresh fruit or vegetables	Spaghetti Bolognese with Mixed Vegetables Fresh Fruit Kebab Fresh fruit	Homemade Banana & Oat Pancakes Fresh fruit or vegetables
FRI	Wholemeal Toast and Butter Fresh fruit or vegetables	Basket Lunch – Ham Slices, Cheese Slices, Ritz Crackers, Cucumber and Pepper Sticks Homemade Banana Bread and Banana Fresh fruit	Rice Cakes and Salmon Pate Fresh fruit or vegetables

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance.

At snack times milk and water are offered, at lunch times water is offered. Baby alternatives can be made when required. Please understand that from time to time there may be small changes to the menus. Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.