



ROMPERS PRIVATE NURSERY

MENU

SPRING 2026



Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Red Pepper Hummus with Pitta Strips and Vegetable Fingers Fresh fruit or vegetables	Salmon and Cod Curry with Rice and Peas Raspberry Cupcakes Fresh fruit	Cheese Scone Fresh fruit or vegetables
TUES	Pizza Muffins Fresh fruit or vegetables	Spaghetti Bolognese with Mixed Vegetables Natural Yoghurt and Peach Puree Fresh fruit	Rice Cakes with Tuna Mayo and Sweetcorn Fresh fruit or vegetables
WED	Pesto Pasta Salad Fresh fruit or vegetables	Mexican Bean and Vegetable Soup with Cheese Pastry Pinwheels Custard and Pineapple Fresh fruit	Make your own Cheese or Chicken Wrap Fresh fruit or vegetables
THURS	Choice of Cereals Fresh fruit or vegetables	Creamy Cajun Chicken Pasta with Sweetcorn Rhubarb Crumble and Cream Fresh fruit	Breadsticks, Cheese and Pineapple Fresh fruit or vegetables
FRI	Wholemeal Toast and Butter Fresh fruit or vegetables	Sausages in Gravy with Potatoes and Cauliflower Natural Yoghurt and Blueberry Compote Fresh fruit	Wholegrain Crackers, Sliced Turkey and Cream Cheese Fresh fruit or vegetables