



# ROMPERS PRIVATE NURSERY

## MENU

Winter 2026



<b>Week 4</b>	<b>Morning Snack</b>	<b>Lunch and Pudding</b>	<b>Afternoon Snack</b>
<b>MON</b>	Wholegrain Ryvita Crackerbread with Cheese Spread Fresh fruit or vegetables	Salmon and Haddock in a Tomato and Basil Sauce with Roast Potatoes and Mixed Vegetables Natural Yoghurt and Crushed Pineapple Fresh fruit	Make your own Ham and Cheese Wrap Fresh fruit or vegetables
<b>TUES</b>	Cream Crackers and Edam Cheese Fresh fruit or vegetables	Sausages in Gravy with Potatoes and Peas Mixed Berry Crumble and Cream Fresh fruit	Cheese Scone Fresh fruit or vegetables
<b>WED</b>	Breadsticks, Sliced Ham and Vegetable Sticks Fresh fruit or vegetables	Turkey Mince in Smoked Paprika and Tomato Sauce with Spaghetti and Sweetcorn Vanilla Cupcakes Fresh fruit	Egg Mayo Wholemeal Sandwich Fresh fruit or vegetables
<b>THURS</b>	Wholemeal Toast and Butter Fresh fruit or vegetables	Chicken Tikka Masala with Rice and Sweetcorn Lemon Cheesecake Fresh fruit	Oatcakes and Cheese Fresh fruit or vegetables
<b>FRI</b>	Choice of Cereals Fresh fruit or vegetables	Lentil and Tomato Soup with Ham Sandwiches Natural Yoghurt and Mandarins Fresh fruit	Vegetable Pasta Salad Fresh fruit or vegetables