



# ROMPERS PRIVATE NURSERY

## MENU

Winter 2026



<b>Week 3</b>	<b>Morning Snack</b>	<b>Lunch and Pudding</b>	<b>Afternoon Snack</b>
<b>MON</b>	Choice of Cereals Fresh fruit or vegetables	Lentil and Tomato Soup with Cheese Sandwiches Custard and Banana Fresh fruit	Rice Cakes with Cream Cheese Fresh fruit or vegetables
<b>TUES</b>	Wholemeal Toast and Butter Fresh fruit or vegetables	Thai Chicken Noodles with Broccoli Fresh Fruit Kebab Fresh fruit	Wholemeal Pitta Strips and Hummus Fresh fruit or vegetables
<b>WED</b>	Poppy Seed Crackers with Salmon Pate Fresh fruit or vegetables	Sausage Casserole, Potatoes and Mixed Vegetables Natural Yoghurt and Raspberry Coulis Fresh fruit	Fruity Rice Salad Fresh fruit or vegetables
<b>THURS</b>	Greek Yoghurt, Granola, Banana and Blueberries Fresh fruit or vegetables	Beef Chilli, Rice and Peas Rhubarb Crumble and Cream Fresh fruit	Breadsticks, Cheese and Pineapple Fresh fruit or vegetables
<b>FRI</b>	Wholegrain Crackers and Dairy Lea Fresh fruit or vegetables	Macaroni Cheese with Broccoli and Cauliflower Ginger Biscuit Fresh fruit	Make your own Ham or Turkey wrap Fresh fruit or vegetables