



ROMPERS PRIVATE NURSERY

MENU

Winter 2026



Week 2	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Greek Yoghurt, Granola and Berries Fresh fruit or vegetables	Pasta in a Creamy Mushroom and Cheese Sauce with Broccoli Apple Crumble and Cream Fresh fruit	Breadsticks, Cream Cheese Dip and Boiled Egg Quarters Fresh fruit or vegetables
TUES	Oatcakes and Cheese Fresh fruit or vegetables	Yellow Split Pea and Ham Soup with Chicken Wraps Ginger Cake and Custard Fresh fruit	Cheese and Chive Frittata Fresh fruit or vegetables
WED	Choice of Cereals Fresh fruit or vegetables	Chicken Casserole with Roast Potatoes with Broccoli and Cauliflower Natural Yoghurt and Fruit Cocktail Fresh fruit	Rice Cakes with Mackerel Pate Fresh fruit or vegetables
THURS	Pizza Breakfast Muffins Fresh fruit or vegetables	Curried Sweet Potato Soup and Warm Naan Bread Vanilla Rice Pudding Fresh fruit	Wholegrain Crackers and Sliced Ham Fresh fruit or vegetables
FRI	Wholemeal Toast and Butter Fresh fruit or vegetables	Spaghetti Bolognese with Mixed Vegetables Natural Yoghurt and Pear Puree Fresh fruit	Pitta Bread and Cream Cheese Fresh fruit or vegetables