



ROMPERS PRIVATE NURSERY

MENU



Autumn 2025

Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Cream Crackers with Cream Cheese Fresh fruit or vegetables	Quorn Chilli, Rice and Peas Natural Yoghurt and Apricot Puree Fresh fruit	Fruity Rice Salad Fresh fruit or vegetables
TUES	Wholemeal Toast and Butter Fresh fruit or vegetables	Carrot, Coriander and Butterbean Soup with Chicken Wholemeal Rolls Chocolate Sponge and Custard Fresh fruit	Breadsticks, Cheese and Pineapple Fresh fruit or vegetables
WED	Choice of Cereals Fresh fruit or vegetables	Salmon and Haddock Tikka Masala with Rice and Mixed Veg Natural Yoghurt and Blueberry Compote Fresh fruit	Egg Mayo Wholemeal Roll Fresh fruit or vegetables
THURS	Breadsticks and Babybel Cheese Fresh fruit or vegetables	Cajun Chicken Pasta with Sweetcorn Strawberry Jelly, Cream and Sliced Strawberries Fresh fruit	Pitta Strips and Houmous Dip Fresh fruit or vegetables
FRI	Greek Yoghurt, Granola, Banana and Raspberries Fresh fruit or vegetables	Chicken & Rice Soup with Cheese Scones Apple Crumble and Cream Fresh fruit	Make your own Ham or Cheese Sandwich Fresh fruit or vegetables