



ROMPERS PRIVATE NURSERY

MENU



Autumn 2025

Week 3	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Oatcakes and Sliced Cheese Fresh fruit or vegetables	Lentil Soup with Ham Sandwiches Homemade Custard and Banana Fresh fruit	Make Your Own Turkey or Cheese Sandwich Fresh fruit or vegetables
TUES	Pizza Breakfast Muffins Fresh fruit or vegetables	Spaghetti Bolognese with Mixed Vegetables Natural Yoghurt and Apple Puree Fresh fruit	Rice Cakes and Mashed Avocado Fresh fruit or vegetables
WED	Wholemeal Toast with Butter Fresh fruit or vegetables	Sausages in Gravy with Potatoes and Peas Blueberry Swirl Muffins Fresh fruit	Breadsticks, Cheese and Pineapple Fresh fruit or vegetables
THURS	Choice of Cereals Fresh fruit or vegetables	Sweet and Sour Chicken with Rice, Broccoli and Cauliflower Natural Yoghurt and Mandarins Fresh fruit	Cream Crackers with Cucumber and Salmon Pate Fresh fruit or vegetables
FRI	Poppyseed Crackers with Cream Cheese Fresh fruit or vegetables	Cheesy Mediterranean Vegetable Pasta with Sweetcorn Vanilla Cheesecake Fresh fruit	Greek Yoghurt, Granola and Berries Fresh fruit or vegetables