



ROMPERS PRIVATE NURSERY

MENU



SUMMER 2025

Week 3 → 21st July, 18th August, 15th Sept

Week 3	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Breadsticks & Hummus Fresh Fruit or Vegetables	Thai Red Curry Coconut & Chicken Soup with Wholemeal Roll & Butter Apple Crumble & Custard Fresh Fruit	Tuna & Sweetcorn Pasta Salad Fresh Fruit or Vegetables
TUES	Wholegrain Crackers & Cream Cheese Fresh Fruit or Vegetables	Homemade Chicken Nuggets, Corn on the Cob, Savoury Cous Cous Vanilla Cheesecake Fresh Fruit	Make your own Cheese/Ham Sandwiches Fresh Fruit or Vegetables
WED	Greek Yogurt, Granola Berries & banana	Chicken Tikka Pasta Bake with Broccoli & Cauliflower Fresh Fruit Kebabs	Oatcakes and Cheese Fresh Fruit or Vegetables
THURS	Cream Crackers & Leerdammer Cheese Fresh Fruit or Vegetables	Spaghetti Bolognese with mixed veg Natural Yoghurt with Pear Puree Fresh Fruit	Homemade Strawberry Fro Yo Lollies Fresh Fruit or Vegetables
FRI	Wholemeal Toast & Butter Fresh Fruit or Vegetables	Basket Lunch - Tuna Sandwiches, Ritz Crackers, Sliced Cheese Cucumber & Pepper Sticks Mini Milk Ice Lolly & Banana	Rice cakes & Salmon Pate Fresh Fruit or Vegetables

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance.

At snack times milk and water are offered, at lunch times water is offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, unpasteurized dairy and some cheese products and raw shellfish.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.