



# ROMPERS PRIVATE NURSERY

## MENU



### SUMMER 2025

Week 2 → 14<sup>th</sup> July, 11<sup>th</sup> August, 8<sup>th</sup> Sept

Week 2	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Choice of Cereals with milk Fresh Fruit or Vegetables	Basket Lunch - Wholemeal Rolls with Chicken, Cocktail Sausages, Babybel Cheese and Vegetable Fingers Watermelon Slice and Homemade Shortbread	Rice Cakes & Hummus Fresh Fruit or Vegetables
TUES	Weetabix with Milk Banana & Strawberries	Salmon & Tomato Pasta with Mixed Veg Natural Yogurt & Mandarins Fresh Fruit	Crackers & Garlic Cream Cheese Fresh Fruit or Vegetables
WED	Breadsticks, Cheese & Pineapple Fresh Fruit or Vegetables	Homemade Cheese and Tomato Pizza Cucumber & Red Pepper Fingers Strawberry Cheesecake and Fresh Fruit	Cheese Scones & Sliced Tomato Fresh Fruit or Vegetables
THURS	Wholemeal Toast with Butter Fresh Fruit or Vegetables	Chicken Korma, Rice & Broccoli Banana Cake Fresh Fruit	Breadsticks, Cheese & Pineapple Fresh Fruit or Vegetables
FRI	Poppy Seed Crackers with Cream Cheese and Sliced Ham Fresh Fruit or Vegetables	Lentil Soup with Wholemeal Cheese Sandwiches Natural Yogurt with Berry Coulis Fresh Fruit	Pesto Pasta Salad Fresh Fruit or Vegetables

**This menu has been designed in line with NHS 'Setting the Table' (2024) guidance.**

At snack times milk and water are offered, at lunch times water is offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

**Children under the age of 12 months will not be given honey, unpasteurized dairy and some cheese products and raw shellfish.**

**Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.**