



ROMPERS PRIVATE NURSERY

MENU



SUMMER 2025

Week 1 → 7th July, 4th August, 1st Sept

Week 1	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Oatcakes and Cheese Fresh Fruit or Vegetables	Chicken Casserole, Roast potatoes & Mixed Veg Natural Yogurt & Peach Puree Fresh Fruit	Wholemeal Pitta Strips & salmon Pate Fresh Fruit or Vegetables
TUES	Choice of Cereals with Milk Fresh Fruit or Vegetables	Curried Sweet Potato Soup with Warm Naan Bread Vanilla Cupcakes Fresh Fruit	Fruity Rice Salad Fresh Fruit or Vegetables
WED	Wholemeal Toast & Primula Cheese Fresh Fruit or Vegetables	Basket Lunch- Homemade Sausage Roll, Cheese Slices, Sliced Chicken & Veg Fingers. Mini Twister Lolly & Melon Wedge	Wholemeal Tuna Rolls with Cucumber Fresh Fruit or Vegetables
THURS	Breadsticks with Whipped Feta Dip Fresh Fruit or Vegetables	Beef Chilli, Rice, Peas & Carrots Natural Yogurt & Sliced Strawberries Fresh Fruit	Greek Yogurt, Granola & Banana Fresh Fruit or Vegetables
FRI	Wholegrain Crackers & Cream Cheese Fresh Fruit or Vegetables	Fish Fingers, Potatoes, Peas & Beans Raspberry Jelly with Fruit Cocktail Fresh Fruit	Make your own Ham/Cheese Wraps Fresh Fruit or Vegetables

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance.

At snack times milk and water are offered, at lunch times water is offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, unpasteurized dairy and some cheese products and raw shellfish.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.