



ROMPERS PRIVATE NURSERY

MENU

Spring 2025

Week 4 → 28th April, 26th May, 23rd June



Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Wholegrain Crackers with Butter/Cream Cheese Fresh fruit or vegetables	Chicken in Tomato & Paprika Sauce with Cous Cous & Sweetcorn Natural Yogurt & Strawberries Fresh fruit	Make your own Cheese/Turkey Wraps Fresh fruit or vegetables
TUES	Greek Yogurt, Granola & Berries Fresh fruit or vegetables	Pork & Veg Katsu Noodles with Peas Chocolate Orange Cupcakes Fresh fruit	Oatcakes & Leerdammer Cheese Fresh fruit or vegetables
WED	Wholemeal Toast with Butter/Salmon Pate Fresh fruit or vegetables	Chicken Korma, Rice & Mixed Veg Lemon Cheesecake Fresh fruit	Rosemary Cracker with Garlic & Herb Cream Cheese Fresh fruit or vegetables
THURS	Rice Cakes, Sunflower seed Butter & Banana Fresh fruit or vegetables	Carrot & Coriander Soup with Homemade Cheese Pinwheels Custard & Banana Fresh fruit	Banana Bread Fresh fruit or vegetables
FRI	Breadsticks, Cheese & Pineapple Fresh fruit or vegetables	Spaghetti Bolognese with Broccoli Natural Yogurt & Apple Puree Fresh fruit	Pitta Bread & Hummus Vegetable Fingers

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance, Rompers is currently working to meet standard by August 2025.

At snack times milk and water are offered, at lunch times water is offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, unpasteurized dairy and some cheese products and raw shellfish.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.