



ROMPERS PRIVATE NURSERY

MENU

Spring 2025

Week 3 → 21st April, 19th May, 16th June



Week 3	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Wholemeal Toast with Butter Fresh fruit or vegetables	Cheesy Mediterranean Veg Pasta with Broccoli & Cauliflower Natural Yogurt & Fruit Cocktail Fresh fruit	Rice cakes & Cream Cheese Fresh fruit or vegetables
TUES	Oatcakes with butter or Dairy Lea Fresh fruit or vegetables	Yellow Split Pea & Bacon Soup with Wholemeal Roll Vanilla Rice Pudding Fresh fruit	Ginger Biscuits Fresh fruit or vegetables
WED	Poppyseed Crackers & Primula Cheese Fresh fruit or vegetables	Salmon & Cod Curry, Rice & Peas Oat Cookie & Melon Wedge Fresh fruit	Wholemeal Roll, Butter with Sliced Hard Boiled Egg Fresh fruit or vegetables
THURS	Choice of Cereals and Milk Fresh fruit or vegetables	Sausage Casserole, Potatoes & Mixed Veg Natural Yogurt & Apricot Puree Fresh fruit	Breadsticks & Babybel Cheese Fresh fruit or vegetables
FRI	Wholemeal Toast with Butter/Cream Cheese Fresh fruit or vegetables	Sweet & Sour Chicken, Rice & Sweetcorn Raspberry Cheesecake Fresh fruit	Ritz Crackers with Cheese and Turkey squares Fresh fruit or vegetables

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance, Rompers is currently working to meet standard by August 2025.

At snack times milk and water are offered, at lunch times water is offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, unpasteurized dairy and some cheese products and raw shellfish.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.