



ROMPERS PRIVATE NURSERY

MENU

Spring 2025

Week 2 → 14th April, 12th May, 9th June



Week 2	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Breadsticks & Hummus Fresh fruit or vegetables	Lentil & Vegetable Soup with Ham Sandwiches Ginger Cake Fresh fruit	Pesto Pasta Salad Fresh fruit or vegetables
TUES	Wholemeal Toast & Butter Fresh fruit or vegetables	Chicken Casserole, Potatoes & Sweetcorn Shortbread with sliced Strawberries Fresh fruit	Homemade Peach Fro-Yo Lollies Fresh fruit or vegetables
WED	Choice of Cereal with Milk Fresh fruit or vegetables	Beef Chilli Rice & Peas Fresh Fruit Kebabs	Vanilla Cupcakes Fresh Fruit or vegetables
THURS	Poppy Seed Crackers with Cream Cheese Fresh fruit or vegetables	Mackerel & Tomato Spaghetti with Broccoli Pear Crumble & Cream Fresh fruit	Make your Own Cheese/Chicken Sandwiches Fresh Fruit or Vegetables
FRI	Wholemeal Pitta Strips & Butter Fresh fruit or vegetables	Mince, Potatoes & Mixed Veg Natural Yogurt & Mandarins Fresh fruit	Oatcakes & Cheese Fresh fruit or vegetables

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance, Rompers is currently working to meet standard by August 2025.

At snack times milk and water are offered, at lunch times water is offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, unpasteurized dairy and some cheese products and raw shellfish.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.