



# ROMPERS PRIVATE NURSERY

## MENU



### Spring 2025

Week 1 → 7<sup>th</sup> April, 5<sup>th</sup> May, 2<sup>nd</sup> June

<b>Week 1</b>	<b>Morning Snack</b>	<b>Lunch and Pudding</b>	<b>Afternoon Snack</b>
<b>MON</b>	Choice of Cereal Fresh fruit or vegetables	Chicken Tikka Masala, Rice & Sweetcorn Strawberry jelly & Ice Cream Fresh fruit	Broccoli & Cheese Egg Muffins Fresh fruit or vegetables
<b>TUES</b>	Oat Cakes & Sliced Cheese Fresh fruit or vegetables	Homemade Sausage Roll, Potatoes, Peas & Beans Natural Yogurt & Pear Puree Fresh fruit	Wholemeal Pitta Strip with Salmon Pate & cucumber strips Fresh fruit or vegetables
<b>WED</b>	Rice Cakes with Butter & Sliced Banana Fresh fruit or vegetables	Sweet Potato & Butterbean Soup with Cheese Wholemeal Roll Chocolate Sponge & Custard Fresh fruit	Fruity Rice Salad Fresh fruit or vegetables
<b>THURS</b>	Wholemeal Toast with Butter/Cream Cheese Fresh fruit or vegetables	Cauliflower & Macaroni Cheese with Mixed Veg Natural Yogurt & Raspberry Coulis Fresh fruit	Breadsticks, Cheese & Pineapple Fresh fruit or vegetables
<b>FRI</b>	Wholegrain Crackers with Butter/Dairylea Fresh fruit or vegetables	Lentil & Tomato Soup with Homemade Cheese Scone Apple Crumble & Cream Fresh fruit	Custard Cream Biscuits Fresh fruit or vegetables

**This menu has been designed in line with NHS 'Setting the Table' (2024) guidance, Rompers is currently working to meet standard by August 2025.**

At snack times milk and water are offered, at lunch times water is offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

**Children under the age of 12 months will not be given honey, unpasteurized dairy and some cheese products and raw shellfish.**

**Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.**