



ROMPERS PRIVATE NURSERY

MENU



WINTER 2025

Week 4 → 27th January, 24th February, 24th March

Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Fresh Fruit or Vegetables Warm Baked Roll and Butter	Sweet Potato, Chilli and Coconut Soup with Warm Naan Custard and Banana Fresh Fruit	Fresh Fruit or Vegetables Rosemary Crackers with Garlic and Herb Cream Cheese
TUES	Fresh Fruit or Vegetables Wholegrain Crackers and Dairylea	Sausages in Gravy, New Potatoes, Cauliflower Natural Yoghurt and Fruit Cocktail Fresh Fruit	Fresh Fruit or Vegetables Chocolate Orange Cupcakes
WED	Fresh Fruit or Vegetables Choice of Cereals	Yellow Split Pea Soup with Cheese Sandwiches Jam and Coconut Sponge Fresh Fruit	Fresh Fruit or Vegetables Rice Cakes and Sliced Bananas
THURS	Fresh Fruit or Vegetables Breadsticks, Cheese Fingers and Pineapple Slices	Chicken Korma, Rice and Broccoli Natural Yoghurt and Prunes Fresh Fruit	Fresh Fruit or Vegetables Cinnamon Oat Cookies
FRI	Fresh Fruit or Vegetables Wholemeal Toast with Butter/Cream Cheese	Fish Fingers, New Potatoes, Peas and Beans Rhubarb Crumble and Cream Fresh Fruit	Fresh Fruit or Vegetables Wholemeal Pitta Bread, Hummus and Carrot Sticks

This menu has been designed in line with NHS 'Setting the Table' (2024) guidance, Rompers is currently working to meet standard by August 2025.

At snack times milk and water are offered, at lunch times water is offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, unpasteurized dairy and some cheese products and raw shellfish.

Low salt and sugar options/products are always used when selecting and preparing snack and meals. No sugar or salt is added.