



ROMPERS PRIVATE NURSERY

MENU

Autumn 2024

w/c – 14/10, 11/11, 9/12



Week 3	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Poppysed Crackers with Butter or Cream Cheese Fresh Fruit and Veg	Spaghetti Bolognese, Garlic Bread With Mixed veg Fresh Fruit	Homemade Mini Sausage Rolls Fresh Fruit and Veg
TUES	Wholemeal Toast with Butter or primula Cheese Fresh Fruit and Veg	Curried Sweet Potato Soup with Warm naan Bread Banana Cake and Custard Fresh Fruit	Childrens Homemade Sandwiches Turkey or Cheese Fresh Fruit and Veg
WED	Choice of Cereals Fresh Fruit and Veg	Chicken Casserole, Roast Potatoes & Cauliflower Fresh Fruit Kebabs Fresh Fruit	Shortbread Squares Fresh Fruit and Veg
THUR	Homemade Pizza Pastry Rolls Fresh Fruit and Veg	Macaroni & Cheese with Crunchy Topping With Grated Beetroot Natural Yogurt & Mandarins Fresh Fruit	Cinnamon Biscuits Fresh Fruit and Veg
FRI	Toasted Crumpets with Butter Fresh Fruit and Veg	Fish Fingers, Potatoes, Beans & Peas Raspberry Cheesecake and coulis Fresh Fruit	Plain Scones with Butter Fresh Fruit and Veg

This menu has been designed inline with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack and meal times milk and water are offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cows milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.