



ROMPERS PRIVATE NURSERY

MENU

Autumn 2024

w/c – 30/9, 28/10, 25/11.



Week 1	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Toasted Fruit Loaf with butter Fresh Fruit and Veg	Creamy Cajun Chicken Pasta with Sweetcorn Natural Yogurt swirled with Lemon Curd & Crushed Meringue Fresh Fruit	Children's Homemade Sandwiches cheese or Ham Fresh Fruit and Veg
TUES	Toasted Crumpets Fresh Fruit and Veg	Sausage Casserole, Roast Potatoes & Broccoli Raspberry Jelly & Fruit Cocktail Fresh Fruit	Chocolate Fruit Crispy squares Fresh Fruit and Veg
WED	Oatcakes with Butter and Cheese Fresh Fruit and Veg	Mild Beef Chilli, Rice and Mixed Vegetables Pear Crumble & Cream Fresh Fruit	Homemade Gingerbread People Fresh Fruit and Veg
THUR	Choice of Cereals Fresh Fruit and Veg	Fish Cakes, New Potatoes, Beans and Peas Vanilla Cheesecake Fresh Fruit	Homemade Cheese Twists, Ham and Cucumber Fresh Fruit and Veg
FRI	Raspberry Scones & Butter Fresh Fruit and Veg	Lentil Soup with Crusty Bread Custard and crushed Pineapple Fresh Fruit	Pitta, Humous, cheese cubes Fresh Fruit and Veg

This menu has been designed inline with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack and meal times milk and water are offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cows milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.