



ROMPERS PRIVATE NURSERY

MENU



SUMMER 2024

Week 4 → 22nd July, 19th August, 16th September

Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Cheese and Tomato Pinwheels Fresh Fruit or Vegetables	Cream Cheese, Ham and Pea Pasta with Cauliflower Vanilla Ice Cream with Peach Puree Fresh Fruit	Coconut Biscuits Fresh Fruit or Vegetables
TUES	Ritz Crackers with Butter or Dairylea Fresh Fruit or Vegetables	Homemade Sausage Rolls, New Potatoes, Beans and Peas Orange Jelly and Mandarins Fresh Fruit	Rice Cakes with Butter and Sliced Banana Fresh Fruit or Vegetables
WED	Toasted Crumpets with Butter Fresh Fruit or Vegetables	Spaghetti Bolognese with Mixed Veg Natural Yoghurt with Pear Puree Fresh Fruit	Banana Loaf Fresh Fruit or Vegetables
THURS	Poppy Seed Crackers with Butter or Cream Cheese Fresh Fruit or Vegetables	Curried Sweet Potato and Chickpea Soup with Warm Naan Bread Homemade Custard and Stewed Apples Fresh Fruit	Fruit Bagel and Butter Fresh Fruit or Vegetables
FRI	Choice of Cereals Fresh Fruit or Vegetables	Basket Lunch Roast Beef Sandwiches, Slices Cheese, Cocktail Sausages, Mini Cheddars and Veg Fingers Fromage Frais Pot Fresh Fruit	Sponge Squares Fresh Fruit or Vegetables

This menu has been designed in line with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack and mealtimes milk and water are offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cow's milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.