



ROMPERS PRIVATE NURSERY

MENU



SUMMER 2024

Week 2 → 8th July, 5th August, 2nd September

| Week 2 | Morning Snack | Lunch and Pudding | Afternoon Snack |
|---------------|--|--|--|
| MON | Choice of Cereals Fresh Fruit or Vegetables | Chicken and Sweetcorn Soup with Crusty Bread Homemade Custard and Banana Fresh Fruit | Breadsticks, Cheese and Pineapple Fresh Fruit or Vegetables |
| TUES | Homemade Cheese Scones Fresh Fruit or Vegetables | Fish Fingers, New Potatoes, Beans and Peas Chocolate Chip Sponge Cake Fresh Fruit | Children's Own Sandwiches – Turkey or Cheese Fresh Fruit or Vegetables |
| WED | Wholemeal Toast with Butter or Cream Cheese Fresh Fruit or Vegetables | Homemade Lunchables Ritz Crackers, Cheese squares, Ham slices, Veg fingers Little Yeos Yogurt Pot & Baby Apple | Ginger Cake Fresh Fruit or Vegetables |
| THURS | Toasted Bagel with Butter Fresh Fruit or Vegetables | Sausage Casserole with New Potatoes and Carrots Fresh Fruit Kebabs | Oat Cookies Fresh Fruit or Vegetables |
| FRI | Cream Crackers with Butter and Sliced Cheese Fresh Fruit or Vegetables | Chicken Korma with Rice and Sweetcorn Vanilla Ice Cream with Berry Compote Fresh Fruit | Coconut and Lime Scones with Butter Fresh Fruit or Vegetables |

This menu has been designed in line with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack and mealtimes milk and water are offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cow's milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals.