



# ROMPERS PRIVATE NURSERY

## MENU



### SUMMER 2024

Week 1 → 1<sup>st</sup> July, 29<sup>th</sup> July, 26<sup>th</sup> August, 23<sup>rd</sup> September

<b>Week 1</b>	<b>Morning Snack</b>	<b>Lunch and Pudding</b>	<b>Afternoon Snack</b>
<b>MON</b>	Toasted Crumpets with Butter Fresh Fruit or Vegetables	Basket Lunch Chicken Sandwiches, Cocktail Sausages. Breadsticks, Sliced Cheese, Veg Fingers Frozen Fromage Frais Fresh Fruit	Vanilla Cupcakes Fresh Fruit or Vegetables
<b>TUES</b>	Choice of Cereals Fresh Fruit or Vegetables	Tomato and Lentil Soup with Homemade Cheese Scone Strawberry Cheesecake Fresh Fruit	Lemon and Lime Shortbread Fresh Fruit or Vegetables
<b>WED</b>	Poppy Seed Crackers with Dairylea or Butter Fresh Fruit or Vegetables	Mince, Potatoes and Peas Mango Swirl Sponge Fresh Fruit	Children's Own Wraps – Ham or Cheese Fresh Fruit or Vegetables
<b>THURS</b>	Wholemeal Toast with Butter or Cream Cheese Fresh Fruit or Vegetables	Homemade Cheese and Tomato Pizza with Cucumber and Pepper Sticks Forest Fruit Fluffy Jelly Made with Yogurt served with Melon Wedge Fresh Fruit	Custard Cream Biscuits Fresh Fruit or Vegetables
<b>FRI</b>	Homemade Cheese Pinwheels Fresh Fruit or Vegetables	Sweet and Sour Chicken with Rice and Mixed Vegetables Natural Yoghurt with Peach Puree Fresh Fruit	Pitta Bread and Hummus Fresh Fruit or Vegetables

**This menu has been designed in line with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.**

At snack and mealtimes milk and water are offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

**Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cow's milk, shell fish or strawberries.**

**Low salt and sugar options/products are always used when selecting and preparing snack and meals.**