



## ROMPERS PRIVATE NURSERY

### MENU

Spring 2024



Week 3	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Cheese & Chive Scones with Butter Fresh fruit or vegetables	Butternut Squash, Coconut & Chilli Soup with Ham Rolls Custard and Banana Fresh fruit	Carrot Cake Fresh fruit or vegetables
TUES	Toasted Bagel with butter or Dairy Lea Fresh fruit or vegetables	Spaghetti Bolognese with Mixed Veg Mandarin Sponge Cake Fresh fruit	Rice Crackers with Mashed Banana Fresh fruit or vegetables
WED	Cream Crackers with Butter and sliced Cheese Fresh fruit or vegetables	Lentil Soup with Homemade Sausage Roll Natural Yogurt & Fruit Cocktail Fresh fruit	Raspberry & Choc Chip Sponge Fresh fruit or vegetables
THURS	Choice of Cereals and Milk Fresh fruit or vegetables	Chicken Korma, Rice and Peas Lemon Cheesecake Fresh fruit	Fruit Bagel & Butter Fresh fruit or vegetables
FRI	Pizza Pin Wheels Fresh fruit or vegetables	Fish cakes, Potatoes and Peas Pear Crumble & Cream Fresh fruit	Ginger Biscuits Fresh fruit or vegetables

**This menu has been designed in line with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.**

At snack and mealtimes milk and water are offered.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

**Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cows milk, shell fish or strawberries.**

**Low salt and sugar options/products are always used when selecting and preparing snack and meals.**