



ROMPERS PRIVATE NURSERY

MENU

Summer 2023

W/C – 24th July 21st Aug 18th Sept



Week 4	Morning Snack	Lunch and Pudding	Afternoon Snack
MON	Homemade Fruit Scones & Butter Fresh fruit or vegetables	Chicken & Chorizo Jambalaya with Peas Strawberry Mousse with Fresh strawberries Fresh fruit	Homemade Hot pancakes & Butter Fresh fruit or vegetables
TUES	Wholemeal Toast with choice of Spreads Fresh fruit or vegetables	Homemade Chicken breast Nuggets, New potatoes, Corn on the Cob & Coleslaw Raspberry Cheesecake Fresh fruit	Ham Sandwiches Fresh fruit or vegetables
WED	Choice of cereal Fresh fruit or vegetables	Picnic Lunch Roast Beef Rolls, Cocktail Sausages, Cheese and onion Pastry Rolls, Cucumber sticks and Cherry Tomatoes Fruit Ice lolly and Petit Filous Fresh fruit	Oatcakes and Cheese Fresh fruit or vegetables
THURS	Mini Sausage Rolls Fresh fruit or vegetables	Tomato and Lentil Soup with Wholemeal Bread and Butter Peach Puree and Natural Yogurt Fresh fruit	Ginger Biscuits Fresh fruit or vegetables
FRI	Toasted Waffles with Fruit Toppings Fresh fruit or vegetables	Macaroni Cheese served with Broccoli School Cake Fresh fruit	Mango Swirl Sponge Fresh fruit or vegetables

This menu has been designed inline with NHS 'Setting the Table' guidance and Care Inspectorate 'Food Matters' document.

At snack times milk and water are offered and during lunch the children are offered fresh fruit juice & water.

Please understand that from time to time there may be small changes to the menus.

Parents must note that some of these dishes may not be suitable for dietary requirements, parents are welcome to discuss this further with a member of staff or management. Baby alternatives can be made when required.

Children under the age of 12 months will not be given honey, tinned tuna, egg whites, cows milk, shell fish or strawberries.

Low salt and sugar options/products are always used when selecting and preparing snack and meals